

EVEN WEEK MESS MENU

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BRKFAST	ONION UTHIAPPAI	PESAKATTUPPAMA	MASALA DOSA	CHOOR CHOW BATH	POORI	IDLY, VADA (2)	ONION MASALA, DRAVATHA
	SAMBAR, G CHUTNEY	SAMBAR, RED GINGER CHUTNEY	SAMBAR, P CHUTNEY	MASHO BONDIA (2), C CHUTNEY	POTATO MASALA	SAMBAR, P CHUTNEY	CHANNA MASALA, CURD 2CURS, PICKLE
	BBJ, SPROUTED GRAINS	BBJ, SPROUTED GRAINS	BBJ, SPROUTED GRAINS	BBJ, SPROUTED GRAINS	BBJ, SPROUTED GRAINS	BBJ, SPROUTED GRAINS	BBJ, SPROUTED GRAINS
	SEASONAL CUT FRUITS*	BOILED EGG (1) / BANANA (1)	OMELETTE (1) / FRUIT*	BOILED EGG (1) / BANANA (1)	OMELETTE (1) / FRUIT*	BOILED EGG (1) / BANANA (1)	OMELETTE (1) / BANANA (1)
	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT	TEA, COFFEE, MILK, SUGAR, SALT
	PHULKA, ALOO GOBI MATTAR (for veg only)	CHAPATTI, RAJMA MASALA	PHULKA, TOMATO DAL	POORI, PITHAHI, ALOO MATTAR	CHAPATTI, PULAK DAL	PHULKA, BRINJAL CURRY	CHAPATTI, MIX VEG CURRY
	PANEER BIRRI, ANI, KATHA (for veg)	CARROT CHANNA PORIYAL	ALOO MASALA, WEDGES*	KONJAK FRY *	CAHIBAGE PORIYAL	TOMATO RICE, GOBI 65 *	CHILLI SOYA BEAN DRY, PERUGU PACHADI
	CHK BIRRI, ANI, PE, GRAMY, RAJATHA	RICE, SAMBAR, RASAM, CURD, PIRUMS	RICE, SAMBAR, RASAM, CURD, PAPAD	RICE, SAMBAR, RASAM, CURD, PAPAD	RICE, SAMBAR, RASAM, CURD, PIRUMS	RICE, RASAM, CURD, PIRUMS	RICE, SAMBAR, RASAM, CURD, MASALA, PAPAD
		TOMATO PICKLE	MANGO PICKLE	PULICHATTERAI PICKLE	LEMON PICKLE	MAYVEG PICKLE	MANGO PICKLE
		SUGAR, SALT, GHEE	SUGAR, SALT, GHEE	SUGAR, SALT, GHEE	SUGAR, SALT, GHEE	SUGAR, SALT, GHEE	SUGAR, SALT, GHEE
SNACKS	SWEET CORN (half piece-6cm)	ONION PAKODA	NIRCHI BALJI (2) / C CHUTNEY	BOILED PEANUT	SALAD	VEG CUTLET (2) / TOMATO SAUCE	BHEEL, POORRI(8/gm)
	TEA, COFFEE, MILK, SUGAR	TEA, COFFEE, MILK, SUGAR	TEA, COFFEE, MILK, SUGAR	TEA, COFFEE, MILK, SUGAR	ALOO SAMOSA / TOMATO SAUCE	TEA, COFFEE, MILK, SUGAR	TEA, COFFEE, MILK, SUGAR
D	IDLY, G CHUTNEY, PODI, GHEE	CHAVANTI, TOOR DAL, BHINDI FRY WITH PEANUT*	PHULKA, KADU PANEER	PHULKA, KADU PANEER	TEA, COFFEE, MILK, SUGAR	PHULKA, VEG KOPPA	CHAPATTI, CHANNA PEAS PALAK
I	RICE, SAMBAR, PAPAD, CURD	RICE, RASAM, PAPAD, CURD	VEG PULAV, CURD RICE	VEG PULAV, CURD RICE	JEEBRA RICE, CHANNA MASALA	GONGURU RICE, CURD RICE	DAL KICHIDI, CURD RICE
M	RED GINGER PICKLE	MANGO PICKLE	CHILLY POTATO, PICKLE	SPECIAL DINNER	ALOO PEAS DRY	VAM FRY *, PAPAD	ALOO 65, TOMATO PICKLE
N	FRUIT KESARI	GULAM JAMUN(2)	BOOST*		BUTTER MILK	VANILLA FLY MILK*	BREAD CUSTARD*
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(Signature)
Ajmeral Girish Kumar
Mess affairs Secretary

(Signature)
Ananya Lakshmi Ravi
Mess affairs Co-ordinator

(Signature)
Vishnuvardhan Iyengar
Mess affairs Joint Secretary

(Signature)
V. Premchand pawar
Mess affairs Co-ordinator

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Manasi H T
Mess affairs Co-ordinator

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Sonam Prajapati
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Mess affairs Co-ordinator

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Mess affairs Co-ordinator

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Dr. Ramprasad Padhy
BH Warden

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Dr. Siva Prasad ANS
BH Warden

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Dr. Natchiketa Mishra
BH Warden

(Signature)
V. Chandu
Mess affairs Co-ordinator

(Signature)
Praveen Jecia
Mess affairs Co-ordinator

(Signature)
Dr. Srisastryan B
Chief Warden

ODD WEEK-MESS MENU

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	RAVA DOSA SAMBAR, C CHUTNEY BBJ, SPROUTED GRAINS SEASONAL CUT FRUITS* TEA, COFFEE, MILK, SUGAR, SALT	PONGAL, MYSORE BONDIA (2) SAMBAR, C CHUTNEY BBJ, SPROUTED GRAINS BOILED EGG (1)/ BANANA (1) TEA, COFFEE, MILK, SUGAR, SALT	ONION DOSA SAMBAR, C CHUTNEY BBJ, SPROUTED GRAINS OMELETTE (1) / FRUIT* TEA, COFFEE, MILK, SUGAR, SALT	IDLY, VADA (2) SAMBAR, C CHUTNEY BBJ, SPROUTED GRAINS BOILED EGG (1) / BANANA (1) TEA, COFFEE, MILK, SUGAR, SALT	POORI CHANNA MASALA BBJ, SPROUTED GRAINS OMELETTE (1) / FRUIT* TEA, COFFEE, MILK, SUGAR, SALT	SEMIVA UPMA, POHA MASALA VADAI, P CHUTNEY BBJ, SPROUTED GRAINS BOILED EGG (1) / BANANA (1) TEA, COFFEE, MILK, SUGAR, SALT	ALOO PARATHA MASALA MASALA, RAITHA, PICKLE BBJ, SPROUTED GRAINS OMELETTE (1) / FRUIT* TEA, COFFEE, MILK, SUGAR, SALT
L	PHULKA, PANNEER BUTTER MASALA * (for Veg)	BHINDI FRY WITH PEANUT *	BEANS CARROT TORIYAL	ONION PAKODVA * , PERUGU PACHADI	PHULKA, RAJMA DAL CABBAGE PEAS PORIYAL	PHULKA TOOR DAL, TADKA, JEBBA RICE	RAW BANANA FRY
U	VEG BIRYANI, RAITHA	RICE, SAMBAR, RASAM, CURD, PAVAD LEMON PICKLE	RICE, SAMBAR, RASAM, CURD, FRYUMS TOMATO PICKLE	RICE, SAMBAR, RASAM, CURD, MASALA PAVAD MANGO PICKLE	RICE, SAMBAR, RASAM, CURD, FRYUMS PULICHANEERAI PICKLE	GGOBI MANCHURIAN DRY*	RICE, SAMBAR, RASAM, CURD, FRYUMS
N		SUGAR, SALT, GHEE	SUGAR, SALT, GHEE	SUGAR, SALT, GHEE	SUGAR, SALT, GHEE	MIX VEG PICKLE	MANGO PICKLE
C			JUICE		JUICE		
H							
SNACKS	ALOO SAMOSAI- 150gms/ GREEN CHUTNEY TEA, COFFEE, MILK, SUGAR	VEG SANDWICH/ Pcs/ / TOMATO SAUCE TEA, COFFEE, MILK, SUGAR	BANANA BALLI (2) / C CHUTNEY TEA, COFFEE, MILK, SUGAR	BHEBEL, POORI, 80gms TEA, COFFEE, MILK, SUGAR	SWEET CORN (half piece-6cm) TEA, COFFEE, MILK, SUGAR	MIX VEG MAGGI (130 gm) / TOMATO SAUCE TEA, COFFEE, MILK, SUGAR	BOILED PEANUT TEA, COFFEE, MILK, SUGAR
D	RAVA IDLY, O CHUTNEY, POOL, GHEE	CHOLE BATURE, ONION MIRCH SALAD	PHULKA, MEAL, MANER CURRY	PHULKA, PALAK, PANNEER* OR ANDHRA CHK.*	KAL DOSA, G CHUTNEY	PHULKA, PANNEER BUTTER MASALA	LACHA PAROTTA (6), VEG KORTA
I	RICE, SAMBAR, RASAM, CURD, FRYUMS	CARROT RICE, SNAKE GOURD KOOTU	VEG FRIED RICE, VEG BALL, MANCHURIAN (1)	VEG BIRYANI, RAITHA	RICE, SAMBAR, ALOO JEBBA	RICE, SAMBAR, CURD	SAMBAR RICE, CURD RICE
M	RED GINGER PICKLE	BUTTER MILK	TOMATO CHILLI SAUCE	FRENCH FRIES 120gms*	PAVAD, BUTTERMILK	FRYUMS	MASALA PAVAD, ONION SALAD
N							
E	LADDOO*/BOONDI*	FRUIT CUSTARD	CURD RICE, BANANA (1)	DOUBLE KA MERTHA	GULAB JAMUN(2)	DOUBLE KA MERTHA*	BADAM MILK HOT*
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NOTE:-

* LIMITED QUANTITY

BBJ->BREAD, BUTTER & JAM

DIFFERENT TYPES OF FRYUMS TO BE SERVED

ITEMS IN WHICH QUANTITY IS NOT MENTIONED SHOULD BE UNLIMITED

CHICKEN SHOULD BE SKINLESS PROPERLY CLEANED AND WEIGHT OF BONES SHOULD NOT BE MORE THAN 25% OF CHICKEN PIECES

STUDENTS CAN CHOOSE EITHER VEG OR NON VEG IN A MEAL

A SWEET ON EVERY FESTIVAL, OTHER THAN THE GIVEN MENU & DOSA MELA, CHAT NIGHT (WITH 5 VARIETIES) IS NECESSARY

O CHUTNEY- GROUND NUT CHUTNEY, P CHUTNEY- PULSES CHUTNEY, C CHUTNEY- COCONUT CHUTNEY

QUANTITY OF PANNEER 100 GMS & CHICKEN 150 GMS TO BE SERVED

SET CURD -THICK CURD

IF THE SIZES OF VADA, KORTA, ETC ARE TOO SMALL, CATERER HAS TO PROVIDE ADDITIONAL PIECES ON THAT DAY.

ADDITIONAL SUPPLY OF BOILED EGG AT 7 AND OMELETTE AT 10 (TAC APPLY)

ICECREAM AND EGG BHIRUAI TO BE ORGANIZED DURING SPCL DINNER

Mess timings :- Break last 7am-9:15 am Lunch 12pm-2pm Snacks 4-4:5pm-6:00 pm Dinner 7pm-9pm

DIFFERENT TYPES OF SAMBAR TO BE SERVED like Drumstick sambar, Mix veg, Capsicum & Pumpkin sambar, Onion & Avarekai Sambar, etc